

# Self-Guided Coast Walks 6 days Noosa to Sydney



**Departure Noosa 24 September 2020**

**Arrival Sydney 29 September 2020**

**Price from \$ 990**

Enjoy walking NSW's most iconic coastlines as we travel from Noosa to Sydney taking 6 days and 5 nights.

Walk 100+ kms if you're keen – or with our easier options, from 40 kms.

It's mostly beaches - with a handful of headlands.



## The Walks

- Brunswick Heads to Cape Byron and Byron Bay (15 or 20 km over 5 hours)
- Solitary Islands Coast Walk (Red Rock to Sawtell, up to 60 km over 3 days)
- SW Rocks to Trial Bay Gaol and return (10 km)
- Port Macquarie Coastal Walk (9 km)
- Newcastle's Bathers Way (6 km)

## Format

- We provide mini-coach and driver to transfer between walks and carry your luggage while you walk.
- We will set rendezvous points for walkers to meet with our bus and driver along the walks.
- You can decide the distance you walk and arrange pick up at rendezvous points.
- From 4 to 20 participants.
- Walking is self-guided along sections of coast that are clear to follow. There is no accompanying guide.
- Most walking is on 'documented' coast walks and we provide the links and printed information.
- If on any day weather conditions are adverse for walking we will substitute other touring and activities.
- Accommodation is included in hotels, motels and apartments.
- Meals are not included.



## Transport

- Our Bandicoot mini-coach is a Mitsubishi Rosa fitted with reclining coach seats and giving extra legroom.
- An enclosed trailer securely carries the luggage.
- Our driver is an experienced driver-guide and adventure leader.



## Overnights

5 nights accommodation between Noosa and Sydney is included.

Hotels/motels/apartments are 3.5 to 4 star (Woolgoolga is 3 star):

- Ballina - Quality Hotel Ballina Beach Resort - [www.qualityhotelballina.com.au/](http://www.qualityhotelballina.com.au/)
- Woolgoolga - Beach Motel - [www.beachmotelwoolgoolga.com.au](http://www.beachmotelwoolgoolga.com.au)
- Coffs Harbour - Pacific Marina Apartments (using 2-3 bedroom apartments) - <https://pacificmarina.com.au>
- Port Macquarie Town Beach Motor Inn - [www.townbeachmotorinn.com](http://www.townbeachmotorinn.com)
- Newcastle - Travelodge - [www.travelodge.com.au/hotel/newcastle](http://www.travelodge.com.au/hotel/newcastle)

## Sydney

Accommodation and any flights are your choice. Our agency Arcadia Travel can assist.



## Coast Walks 6 days Noosa to Sydney Itinerary

### Day 1 NOOSA – BRUNSWICK HEADS – BYRON BAY – BALLINA Choice of walks 7, 15 or 20 km:

Join us at Noosa Junction at 0700 or from one of our later pick up locations. Travel to Brunswick Heads for lunch and the start of the first walk at 1200 – straight along the beach 15 km to Byron Bay and a 5 km extension on to Cape Byron Lighthouse and back to Byron Bay. Total distance is 20 km. Along the way is Tyagarah Nature Reserve (parking, bathroom) at 8 km.

We drive on to Ballina to stay the night.

EASY CHOICE: Tyagarah to Byron Bay 7 km.

### Day 2 BALLINA – RED ROCK – WOOLGOOLGA Choice of walks 8, 12 or 18 km:

Depart at 0800 for a 2.5 hour drive to Red Rock, the northern trailhead of the Solitary Islands Coast Walk. Our first beach stretches 10 km to Arrawarra Headland. Facilities are at Corindi 6 km (road access, bathrooms, general store). Cut across Arrawarra Headland or take the track out to the point (extra 600m). Within the next 3 km there are 3 more headlands (Ocean View, Mullaway and Darkum Rocks) then 5 km along Safety Beach to the town of Woolgoolga, well known for its Sikh community. We suggest Indian tonight.

EASY CHOICE: Arrawarra Headland to Woolgoolga 8 km.

### Day 3 WOOLGOOLGA – COFFS HARBOUR Choice of walks 8, 15 or 30 km:

Start by 0730 for a long day of near 30 km to Coffs Harbour. From Woolgoolga Headland, it is 5 km to Sandy Beach (café, bathrooms) all along the sand, passing two rocky outcrops. Another 3 km and a climb over Bare Bluff and another headland is Emerald Beach village with café and bathrooms. Then a 6 km section over Look at Me Headland and along the beach to Moonee Beach (bathrooms). Next stage is 7 km along Sapphire Beach to Hills Beach climbing over Green Bluff and White Bluff. There are several places with access to cafes and bathrooms. Final leg is 8 km passing Charlesworth Bay, Diggers Head and Macauley Headland then along Park Beach to Coffs Harbour Marina.

EASIER CHOICES: Moonee Beach to Coffs Jetty 15 km / Hills Beach to Coffs Jetty 8 km

### Day 4 COFFS HARBOUR – SAWTELL – SW ROCKS – PORT MACQUARIE Two walks 8 and 12 km:

Start at 0800. From Coffs Jetty, past the Southern Breakwall and along the beach to Boambee Headland is 8 km. The rail bridge over Boambee Creek has a footbridge attached. We will meet at the first parking on the headland drive, 100 m from the rail bridge. Drive just over an hour to South West Rocks where we'll park up and walk to Trial Bay Lighthouse and back via Monument Hill Track and Little Bay, about 12 km. Another drive of one hour takes us in to Port Macquarie.

EASY CHOICE: Walk the 8 km this morning and relax by the beach at South West Rocks in the afternoon.

### Day 5 PORT MACQUARIE – NEWCASTLE Walk 9 km:

Start at 0800. The Port Macquarie Coastal Walk is a popular trail, taking in 7 beaches in 9km. It's about 90 mins drive on to Forster for a lunch break (and possibly some more walking). 2 hours drive to Newcastle. Stroll the city centre on a Sunday night.

EASY CHOICE: Time off in Port Macquarie.

### Day 6 NEWCASTLE – SYDNEY Walk 6 km:

Easy start at 0900. Walk Bathers Way from Nobbys to Merewether Beach (Ocean Baths), it's 6 km.

If we have the time and energy, the Yuelenbah Trail adds another 7km of coast and forest.

For the final drive, we'll go along the Central Coast and stop for lunch in The Entrance.

### Cost and inclusions

\$990 twin/double or \$1340 single

Travel from Noosa to Sydney over 6 days as described

Rendezvous points during the walks with water, tea & coffee

All 5 nights in 3-4 star accommodations

### Bookings

Deposit \$99, balance 30 days before departure

10% fee if cancelled 30-60 days prior / 50% fee if cancelled in last 30 days

No card fees apply.

**Starts 24 September** from Noosa 0700

From Arcadia Travel 5 Arcadia Walk Noosa Junction

Further pick-ups by arrangement: Nambour Station,

Robina Station, Gold Coast Airport or Brunswick Heads PO.

**Ends 29 September** Sydney Central Station by 1800

To book please email [go@arcadiatravel.com.au](mailto:go@arcadiatravel.com.au) or visit in store.



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